LB 07/02/2022 Beautiful sensory enrichment and healing with Horatio, wonderful observations and insight into his need for certain enrichments. Excellent

**ANIMAL SENSORY ENRICHMENT CONSULTATION FORM CASE STUDY No 6**

**Student name: Saffron Hill**

Animal name: Horatio Date: 22-12-2021

Name and Address of owner: Removed for Confidentiality ✓

Telephone number: N/A Mobile: Removed for confidentiality

Age: 9years Species: Dog Breed: mix border terrier/jack russell terrier

Colour/markings: Brown

Gender: entire/neutered/spayed: Neutered ✓

Vets practice details and preferred vet: Spinney Lodge Veterinary Hospital, Tudor court, Wootton Hope Drive, Wootton Fields, Northampton, NN4 6FF 01604 700366

Vet diagnosis/treatment/medication: None

Previous owner/rescue centre if known: From a couple who breed for temperament of dogs, to keep one themselves

Any major illnesses/operations and dates: Castrated May 2013

Feeding regime and diet *(please list all foods)*: Fed breakfast and dinner, a mix of boiled eggs, raw chicken wings, raw meat, home cooked hot pot- turkey, lamb, beef mince, carrots, sweet potato, swede, parsnips, peas, green beans, Colliflower, Brussel sprouts, cabbage, rice. Salmon sardines' mackerel, Natures menu mixer, Naturediet meat. Horatio has recently gone off raw so will only have it occasionally. Treats a variety of natural treats and bones his favourite are rabbit ears. ✓ excellent

Live in side/outside. Daily routine: Lives in the house, Horatio is my best buddy and comes most places with me, He comes to the yard every day and is happy to sit and watch the world go round. Walks with another dog most days and gets to see his best friend on the weekends. ✓

Vaccinations: last vaccine 08/04/2019

Worming/ flea treatments: Cooper& Grace Flea and Tick protective spray as and when needed. Faecal egg count spring and autumn. ✓

Skin / coat / paws condition: Good condition Dew claw on left can get a little long

Teeth: Plaque on teeth brush with material tooth brush

Respiratory/allergies/sensitivities: none

Present physical condition & temperament: Over weight, trying to loose weight. Horatio guards the house and back garden, and myself. ✓

Past history & temperament if known: Horatio was the shy puppy out of the litter, he stayed with mum and littler mates till 12 weeks of age.

Recent changes to the animal/owner: It is now just the two of us in the house together and he gets most of my attention.

Relationship with other members of the family/strangers: He loves the grandchildren and will bark and cry when they first walk in the house, you will then find him cuddled up to them on the sofa. He will bark when someone first comes in the home but will sit for a fuss. ✓

Relationship with other animals; home/ external environment: No interest in people when out on his walks. He is social with other dogs when off the lead and is very good at reading others.

When did problems start and possible causes: June 2019, we lost Tony, before this he was happy go lucky not a care in the world.

What are the symptoms? Horatio has come a long way but I feel he is still not as happy and carefree

Has there been a second opinion, other than the animal's vet? no

Any other complementary therapies taken place and outcome? Lots of Healing ✓

**Important information for the guardian/carer to read before signing the below:**

Continued on further page……

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**How to safely use Animal Sensory Enrichment and Macerated Food Oils**

- Sensory animal enrichment and Macerated oils are not a substitute for professional veterinary care. If you are in any doubt about the welfare of your animal(s) a vet must be your first port of call. We work very closely with the veterinary fraternity to offer you and your trusted animal companion a complementary service.
- **Do not use macerated oils if your dog/cat has or is suffering from pancreatitis/colitis.**
- Healing Animal Organisation (HAO) healers can offer advice and allow you and your animal friend to make an informed choice about macerated oils. HAO animal healers cannot make a diagnosis or prescribe macerated oils as they are offered on a self selection basis as a food supplement as part of a balanced diet.
- Make sure macerated oils are correctly labelled, in date and stored away in a cool, dry place.
- Keep out of direct sunlight always make sure the lids of the bottles are screwed tightly.
- Do not mix oils and always offer one bottle at a time.
- Hold the bottle in your hand and allow your animal friend to come forward and sniff the macerated oil. If they lick or chew the bottle or look interested in sampling some, pour about a teaspoon of oil onto a clean plate and allow your animal friend to self select.
- Move onto the next oil and repeat the above. Do not force the oil onto your animal. If they move away or show no interest in the oil that is fine. Always be guided by your animal's decision, **it is always their choice not yours.**
- Animals may simply choose to inhale the macerated oil and not take it internally. You may wish to place a little oil on the end of your finger and they can lick it off or choose to inhale.
- Offer oils **once** a day preferably not at feeding times**. Do not add to food.**
- Macerated oils can last up to six months. Check the date of expiry on the bottle. Sometimes they can appear cloudy. This is part of the natural infusion process.
- Please continue to offer the macerated oils on a daily basis. Some days your animal friend may choose to lick the oil, other days they may wish to inhale or simply not be interested for a few days then self select the oils again as and when they need them.
- Please keep your Healing Animals Organisation (HAO) animal healer updated with a weekly report about how the self selection sessions are progressing.
- All the active properties are suspended within the infusion capturing the vitality of the herb in the medium of sunflower oil.
- The HAO practitioner will only be offering Rose and Neroli Hydrosols, Violet Leaf and Yarrow. The macerates and infused honey maybe offered by the HAO practitioner and the Guardian.

In signing this form it is understood that **where** veterinary treatment is required this has been received prior to this consultation and that your veterinary surgeon is content for the healing to take place.

Signature of healing consent……saffron hill…… Date….22/12/2021..... ✓

**Code: I= Interest N= No interest L= Lick S = sniffed**

| *Rose Hydrosol sprayed on cloth | *Neroli Hydrosol sprayed on cloth | * Violet Leaf Inhale bottle | * Yarrow Inhale bottle | Rosehip | Marigold | Seaweed | Catnip | Nettle | Mint | Linseed | Dried Herbage/ Powders ***WHEAT GRASS*** | Infused Honey Ginger……. |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| I,S | I,S | I,S | I,S | I,S,L | I,S,L | I,S,L | I,S,L | I,S,L | I,S,L | N | I,S | N |

***HyIdrosols are only offered by HAO Practitioner**

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**Animal Sensory Case Study Report** **Name of Animal: Horatio** **Date: 22/12/21**

When offering any of the below on a self-selection basis please describe the animals responses and your observations. Please add plant compound names offered and their responses: *if not listed below*. Please write N/A against any of the below not offered. Please attach this completed sheet to your animal case study for marking.

**Rose Hydrosol:-**Sniffed a few times, lip licking. **Rose Hydrosol** Helps with opening up to receive healing, clear past trauma and unwanted memories, hormone rebalancing, creating confidence at the heat centre. ***Horatio I think just to settle and relax*** ✓

**Neroli Hydrosol:-**Sniffed lip licking, put head back to cloth to sniff again, went off to bury a bone, come back and lay next to me. **Neroli Hydrosol** Helps with balancing the emotions, overcoming grief, loss loneliness and separation, encourages self-empowerment, pride, joy and playfulness. ***Horatio for remembering Tony*** ✓ lovely

**Violet Leaf Essential Oil:-**Took one small sniff moved head away, laying on floor next to me, rubbing nose on rug, brought head back up to take for a small sniff, head down still processing for around 30 seconds. **Violet Leaf** Helps anxious animals ground their energy, keep focused, moving home, change of environment, new pack member, trust issues, building confidence with guardian, issues with going to the vet or traveling. ***Horatio could be picking up on me feeling anxious and needed to ground himself.*** ✓

**Yarrow Essential Oil:-**took a tiny sniff from the air, lots of blinking stayed laying next to me. **Yarrow** elicits an emotional deeper healing response and allows an animal to trust and open up more, deep seated traumas can be brought to the surface and healed, sometimes animals can feel guarded and are protecting their selves from being hurt sometimes an animal can have several owners and have fond memories of how their life was and miss certain aspects now including humans or animals. However not all may be happy memories very profound healing can take place with Yarrow and energy healing. It helps animals feel safe in their surrounding and with other animals and humans. Antibacterial anti-inflammatory helps with tissue damage and wounds. ***Horatio I think taking for the loss of Tony.*** ✓

AnimalChoices® **Rosehip Macerated Oil:-**Licked the plate clean, licking lips wanting more moved over to all of the oil bottles sniffing them all, back to the plate licked it again. **Rose hip** vitamin C, A, K (Thiamine=B1) (Niacin=B3) (Riboflavin=B2) ***Horatio for a winter boost in vitamins***

AnimalChoices® **Calendula/Marigold Macerated Oil:-**Plate licked clean, licking lips wanting more, went back to the bottles and vocal for more oil, back to plate. **Marigold/Calendula** Vitamin A carotenoids, sulphur. ***For a winter pick me up***

AnimalChoices® **Seaweed Macerated Oil:-**Licked plate clean licking lips and looking at the bottles of oils and back at me. **Bladderwrack/Seaweed** electrolytes iodine vitamins B&C. ***for all of the vitamins and electrolytes***

AnimalChoices® **Catnip Macerated Oil:-**Licked the plate clean and went for wonder rubbing nose on the rug. **Catnip** contains the compound nepetalactone helps with stomach and nervous systems. ***Horatio loves all of the oils***

AnimalChoices® **Nettle Macerated Oil:-**licked plate clean lip licking. **Nettle** vitamin C iron sodium chlorophyll magnesium protein and dietary fibre. ***Horatio he takes all of the oils I made him nettle oil last year and he took it every day***

AnimalChoices® **Cold pressed Linseed oil:-**Sniffed plate did not take. **linseed** amiga 3 and six essential fatty acids. ***This is the only oil Horatio refuses to take when offered, this is the fifth time offered over the 6 months***

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**AnimalChoices® Mint Macerated Oil:-**Licked plate clean then licking paws. **Mint** menthol. ***Horatio take this but not with as much gusto as the rest.***

**Dried herbage:-***list*

✓ beautiful

**<u>Powders</u>**

**Wheatgrass powder:-**Sniffed and took a very small taste, I added some more water and he took a bit more but only very tiny amounts, kept going back to it as if he wanted it, but did not take dry or wet. **Wheatgrass powder** antioxidants and nutrients vitamins A,C,E and k plus iron zinc folic acid copper selenium potassium and calcium, adds fibre to diet, helps alkalise blood and stimulate cell rejuvenation and enzyme activity. ***Horatio might need to get used to the smell and taste of this he seems to know it is good for him as he shows so much interest sniffing. I have been offering it to him weekly but he still does not take it as he does the oils.*** ✓

**Barley grass powder:-**Quick sniff but did not take any. **Barley Grass** high in calcium, magnesium, manganese, phosphorus and potassium, trace minerals zinc and selenium, and all B vitamins.

**Spirulina Powder:-**Took a big sniff did not take any walked away. **Spirulina Powder** 60% vegetable protein complete and digestible source and vitamin B, complex beta carotene, phyto- nutrients and antioxidants all round nutritional supplement good source of essential fatty acids helpful for senior animals as it encourages appetite and strengthens and boosts the immune system

**Rosehip Powder:- DID NOT OFFER**

**Diatomaceous Earth Powder:- DID NOT OFFER**

**Liquorice Root:- DID NOT OFFER**

**Valerian Root:-**Sniffed and walked away

**Linseed meal:-**Sniffed and walked away

**Infused Honey** *(garlic, ginger, thyme) Ginger honey sniffed and walked away*

**Fresh herbage:-***list* **DID NOT OFFER**

✓

**Other:-**

Recommendations: I've chosen two oils to offer Horatio for the winter to give him a boost

Rosehip – for the vitamins that this offers Horatio and providing him with a Horatio for a winter boost of those vitamins C, A, K (Thiamine=B1) (Niacin=B3) (Riboflavin=B2)

Calendula/Marigold:- Vitamin A carotenoids, sulphur. For a winter pick me up

**Description of Self-Selection Session and step by step guide** *sheet to be included*

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**Animal Carer's Record of Oils chosen to be completed by the animal guardian.**

It is good practice to keep records of the oils that __Horatio has taken on ___22/12/2022
This will help with your work and you will begin to see patterns emerging.

**How to safely use macerated oils**

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- Please keep your Healing Animals Organisation (HAO) animal healer updated with a weekly report about how the self selection sessions are progressing.
- All the active properties are suspended within the infusion capturing the vitality of the herb in the medium of sunflower oil.

**Below is a daily chart to monitor your animal's reaction to & application of the chosen oils.**
**Please use the Code letter shown to indicate your animal's reaction.**

**Code: I= Interest N= No interest L= Lick S = sniffed**

| *Macerated Herb suspended in Sunflower Oil (Indicate oils chosen) | Sunday (Date) | | Monday (Date) | | Tuesday (Date) | | Wednesday (Date) | | Thursday (Date) | | Friday (Date) | | Saturday (Date) | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | am or pm | | am or pm | | am or pm | | am or pm | | am or pm | | am or pm | | am or pm | |
| Rosehip* | ISL | | ISL | | ISL | | ISL | | ISL | | ISL | | ISL | |
| Marigold* | | ISL | | ISL | | ISL | | ISL | | ISL | | ISL | | ISL |
| Catnip* | | | | | | | | | | | | | | |
| Seaweed* | | | | | | | | | | | | | | |
| Nettle* | | | | | | | | | | | | | | |
| Linseed* | | | | | | | | | | | | | | |
| Mint* | | | | | | | | | | | | | | |

Horatio Healing

I settled down in the front room with animal whispers playing, I grounded myself visualising myself in a meadow by an old oak tree, visualising roots coming out of the soles of my feet and going into mother earth and entwining with the

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roots of the tree.  I I asked the universal healing energys if I could be a channel of healing for the highest good of Horatio, I called in my guides and animal guides to help me, I internally asked Horatio if he would take the healing, he was snoozing on the sofa and I sat with him and started to stroke him he opened his eyes and sat closer to me I took this as a yes.  My Horatio had a lovely calm energy and I started at the root chakra as I was sending love Horatio flipped over onto his back chest open so I sent love to his heart I felt a real connection and he just stayed like this not moving and feel into a deep sleep snoring, after around ten minutes he got up jumped off the sofa had a shake then went for a drink I sat holding space for him to come back to me but he went and got a toy he had taken in all the healing he wanted.  I visualised us in a meadow grounding our energy's, I asked for the healing to continue for the highest good of Horatio and thanked the universal healing energy my guides and animal guides and Horatio.  I then took in a breath for each of my chakras to draw my energy back in.

✓ beautiful.

Horatio was great for the whole session and we both really enjoyed it, he lapped up the healing and we were just together connected it was an amazing feeling xx

**Learning outcomes 4,5, 8, 10, 11, 12, 13, 14**

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