

**Some parts of this case history have been
removed for client privacy**

Diploma In Animal Sensory Enrichment

**Case Study Four
9th December 2013**

Hope and C*** C*******

by

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OPENING THE SESSION AND MY ATTUNEMENT PROCESS

I ensure I am grounded before commencing a healing by imagining my feet have grown roots and these descend deep into the earth to the crystal heart centre of Mother Earth herself, wrapping themselves around Her beating crystal heart, anchoring me firmly and allowing me to draw the healing Earth energy up through my roots, my feet, my legs, Base, Sacral and Solar Plexus chakras, until it reaches my Heart chakra.

I then draw golden healing Christ energy down through my Crown, Third Eye and Throat chakras until it also reaches my Heart chakra and this then flows from my heart centre, down each arm into the palms of my hands, where it emanates directly to the animal and/or guardian throughout the healing session.

If the healing session is a distant healing, the energy will emanate in much the same way, but in a golden ripple effect until it reaches its destination.

I protect my self by filling my aura with this same golden healing Christ energy and then seal my auric field with a silver reflective shield which deflects all negative energies and ensures I am surrounded and protected on all sides.

I ask Archangel Michael to protect the space in which I am working and all those therein, myself included and that no energy outside the true Christ energy be allowed to enter the sacred healing space.

I then call upon God, Jesus, Sarayu (the Holy Spirit), Raphael and all the healing Angels, St Francis of Assisi, St Roch, the patron Saint of Dogs who works with me no matter which

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animal I am healing, Spirits of the Animal Kingdom, Totem Animals, Mighty Wolf and Powerful Bear, Ancestors who love and respect me and those I am working with, both animal and guardian, Reiki Masters past and present and any other healers who work within the true Christ energy who wish to assist me.

Sometimes I am directed to call in specific additional helpers such as whales or dolphins for example and they are also asked to join us. I may also be asked to bring in a particular human helper depending on the situation.

Before I proceed with any healing I acquire permission and establish agreement from the animal and/or guardian that they are happy to accept healing. Agreement has been refused on occasion, but when the animal/guardian witness their guardian/animal receiving the healing, they have always asked to be included at a later stage.

At this stage I focus my mind and set my intention to give healing for the Higher Good of those concerned, as what I think may be right for an animal or their guardian may not be what is in their best interest, so that decision is left to the Creator of all living things and I simply focus on channelling the healing energy, in full trust that it will achieve the correct outcome for all. I am then fully prepared to commence the healing session.

This is the process I follow for all my healing sessions but any deviation from the normal course of action would be recorded and included at the relevant point.

CLOSING THE SESSION AND MY DETACHMENT PROCESS

At the end of a healing session I first ensure the animal and/or guardian is grounded. This involves placing my hands on the tops of the guardian's feet and exerting firm pressure. Sometimes this pressure needs to be applied for several moments to ensure the grounding has been effective.

Similarly when grounding an animal light pressure is applied to each of the four paws in turn until I am satisfied they are fully back in the moment.

I then give thanks to all those who assisted with the healing and ask that it continues for as long as it is required to achieve the Higher Good for all concerned.

I ask that all negative energies be sent into the Light and transmuted and returned as further healing energy.

I then fill the human and/or animals aura with golden healing Christ energy, sealing it with a reflective silver shield to deflect any negative energies from entering the auric field, as I did at the beginning of the session.

I then physically and emotionally step back from the client, brush any negative energies from my hands and draw all my own energy back to my heart centre using a circling motion to gather it in and folding my hands over my heart centre a total of three times.

I then fill my own aura with golden healing Christ energy and encircle it with a reflective silver shield to deflect any negative energies which might wish to enter my auric field

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I ask for healing for myself to ensure that I am able to continue to function as a clear channel through which pure unconditional love may continue to flow for further healing as and when it is required.

I then extend my arms horizontally, palms upturned say the words "and so it is" to complete the detachment process and end the session.

Hope and C***** – An Introduction

I received a text from C***** one of my friends from the local gym asking if she could pass my mobile on to a work colleague at her Hairdressing Salon, as she was really worried about her dog who had cancer and wondered if there was anything I could do to help.

I told her to pass my number on and C***** contacted me the next day.

I asked C***** where she lived and it turned out she was less than ten miles away from my home, and was on the outskirts of T*****village.

She told me her boxer dog Hope had recently been diagnosed with malignant skin tumours but she had decided against surgery to have them removed and wanted to try alternative therapies instead.

I arranged to visit C***** the following Monday when she next had a day off work, as I wanted to see what the family dynamics were and how Hope related to her normal environment.

Natural Food Animal Remedies Consultation Form Case History Four

Student Name: Deborah Benson

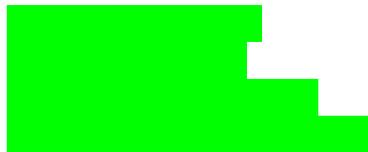
Date: 9th December 2013

Animal Name: Hope

D.O.B Not Known

Name and Address of Owner:

C***** C***well



Telephone Number:

Mobile Number:



Age: Approximately 7yrs by Vets estimation and length of time C***** has had Hope.

Species: Dog

Breed: Boxer

Colour/Markings: Red & White

Gender: Female

Entire/Neutered/Spayed

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Vets Practice Details:




Vet's diagnosis/treatment/medication:

Malignant skin tumours – no treatment or medication being given at this time

Previous Owner/Rescue Centre if known:

C***** was told there was a boxer for sale and went to the address she had been given. When she arrived she decided there was something seriously amiss as the owner told her he had seventeen dogs in total and any that C***** could see were Staffordshire Bull Terriers, an English Pit Bull Terrier and other large dogs that she couldn't identify. She is almost certain she had come across someone who bred dogs for illegal fighting.

Any major illnesses/operations and dates:

None other than the skin cancer diagnosis.

Feeding regime and diet (please list all foods):

Baker's Complete Dry Food, Spar's own brand of tinned food, also Dr Jake's muesli type dry food if no Baker's complete available in local shop. Hope also gets whatever table scraps are left over including Chinese and Pizza takeaways. She doesn't like tomatoes or broccoli but eats everything else. Her favourite treats are Custard Cream Biscuits and Shortbread. She gets tit-bits throughout the day, toast in the mornings and her main meal in the evenings.

Live inside/outside/daily routine:

Hope is a house dog but goes outside when no-one is at home and loves to get out for her walks, running riot round the local football pitches and fields. Her routine is a bit haphazard as C***** works full-time and is also Mum to fourteen month old P***** so Hope gets fitted in round everything else that is happening.

Vaccinations:

Hope is vaccinated yearly against adenovirus, distemper, hepatitis, parvovirus, parainfluenza, leptospira canicola, leptospira icterohaemorrhagiae

Worming Treatments:

Hope gets treated with Advocate Spot-on treatment as required about two-three times a year.

Skin/coat/paw condition:

Hope's coat looks healthy if slightly dull, but she sheds an unusual amount of hair especially when you are stroking her and no amount of brushing seems to help with this. There are no areas of hair loss accompanying the constant casting. Hope's skin is generally healthy with the obvious exception of the tumours although sometimes she experiences a little dandruff. Her paws are healthy but she will nibble and lick at the right foreleg pad although she never breaks the skin, just licks and chews.

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Teeth:

Hope has several missing teeth but these were missing when C***** first got her and there is no obvious sign of decay in the rest of her teeth and her gums appear pink and healthy.

Respiratory/allergies/sensitivities:

Hope has never been diagnosed with any respiratory problems, allergies or sensitivities, but the pad nibbling and hair loss could be related to an undiagnosed food allergy/sensitivity.

Present physical condition and temperament:

Hopes overall physical condition is good and she is a typical hyper boxer. She is bouncy, lively and extremely friendly and is a happy dog who is clearly devoted to C*****.

Past history and temperament if known:

When C***** first brought Hope home she cowered away from people, especially males including C*****'s partner G**** and his house mate A**** and was extremely timid.

Hope was covered in bite wounds and the individual that C***** bought her from explained these away as her having to fight for her food in the pack of seventeen dogs.

When C***** first fed Hope she wolfed her food down so quickly she would vomit it back up and then try and hide the sick so C***** thinks she has been beaten for being sick previously and was trying to hide the evidence so she wouldn't be beaten again.

C***** thinks she had also been used for fighting and breeding pups for the same purpose, but had outlived her usefulness so this is why her previous owner had put her up for sale so he didn't lose out financially.

Recent changes to the animal/owner:

When C***** first brought Hope home there was just Hope and C***** so Hope received all loves time and affection. Then G**** came along but as they didn't live together, Hope and C***** still had lots of one to one quality time together. Then C***** became pregnant with P***** and G**** moved in. He wanted C***** to get rid of Hope when P***** was born but C***** was adamant that Hope had been there first, even before G**** arrived on the scene and she wasn't going anywhere.

Relationship with other members of the family/strangers:

Now Hope is a loving friendly dog who greets everyone enthusiastically and bounces all around them to introduce herself and will happily lick their face clean if they let her. She is outgoing, boisterous and loves to play rough and tumble but is extremely gentle with P***** and tolerates him pulling her ears and prodding her and him using her as a climbing frame to get access to the furniture. P***** will go to sleep with Hope lying beside him and she always keeps a watchful eye on him, much as she would a pup. Once she got over her initial mistrust of people she was also fine around males including G**** and A**** and loves to wrestle with them both now.

Relationship with other animals/in the home/external environment:

Hope doesn't appear to take cats under her notice and will greet other dogs with the same

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enthusiasm she greets people and never displays any aggressive tendencies. G****'s Mum has three Doberman's Zeus, Filo and Kia. Hope has a bond with the two males Zeus and Filo and while she tolerates Kia the female she is not as close to her and they tend to ignore one and other. All four dogs play together, chasing each other round the fields and football pitches and Hope loves to play fetch with an empty plastic water bottle. All the dogs interact with P***** when they are playing and he happily potters about

in their midst. The Doberman's have been to stay at Hope's house and vice-versa and there have never been any territorial issues.

When did problems start and possible causes?

When C*****rescued Hope about three and a half to four years ago she immediately started to feed her up as she was very thin.

As Hope started to gain weight C***** noticed the lumps on her skin and these were initially diagnosed as fatty lumps.

Hope has one of these surface growths on her left upper leg, one in her mouth, another on her back end which became bigger when she was in season and didn't consequently reduce in size and another subcutaneous one behind one of her nipples and this is the largest in size.

This is different from the others because it is under the skin and feels completely different. As only the lump on her rear and leg have been tested and diagnosed as tumours it is impossible to say if this is another skin tumour or not.

What are the symptoms?

Hope doesn't experience any symptoms as the tumours do not appear to bother her. The only possible symptom is the excessive hair loss which maybe the result of her immune system being compromised by the cancer but it might also be an unrelated condition.

Has there been a second opinion other than the animals vet?

No.

Any other complimentary therapies that have taken place and outcome:

None.

Self-Selection of Macerated Oils and the Healing Session

I arrived at C*****'s house on 9th December and was shown into the living room while she went to get Hope from the kitchen.

Hope came running into the room to investigate the new visitor and immediately stuck her nose into the bag my oils were in and began to rummage around and when she took her head out of the bag she had my bottle of Rosehip oil in her mouth, which I gently removed.

She then turned her attention to me and put her two front paws on my knees and started to lick my face vigorously.

I told her to sit, which she did so I then made a fuss of her and the first thing I noticed was the amount of hair loss involved when you stroked her coat.

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When she gave herself a shake you could actually see the hair loosen itself from her body and it had collected in the folds of the skin in her muzzle.

C*****and I went through the consultation form and Hope wandered back and forward between us, sometime sitting at my feet and sometimes climbing up on the sofa beside C*****.

I then explained to C***** how we would offer the different oils to hope and if she did this

under my guidance I would then record Hopes response to each oil in turn.

C***** offered her the Rosehip (**Rosa canina**) by extending the bottle towards her and she sniffed the bottle and then licked it immediately and I then asked C***** to put a little of the oil onto one of my saucers and offered it to Hope again

Hope quickly sniffed the saucer and then licked her as she processed the aroma and then proceeded to lick up every last drop. She then butted the bottle with her head so I told C***** to give her a second helping which she polished off also.

I then gave C***** the Marigold oil (**Calendula officinalis**) to offer to Hope.

Again she eagerly sniffed the bottle and then put her paw on C*****'s leg almost as if she was asking her for some oil, at which point C***** poured a little onto a saucer for her and she immediately licked the plate clean.

Hope was offered Chickweed (**Stellaria media**) next and approached the bottle a little more cautiously but sniffed it and licked as with the previous two oils. C***** again poured a little onto another saucer and Hope after several sniffs and an initial tentative lick finished the oil.

C***** offered Hope the Catnip (**Nepeta cataria**) from the bottle but after she sniffed the neck of the bottle several times she turned her head away and wouldn't take any oil from the saucer.

I then I asked C***** to offer her the Seaweed (**Fucus vesiculosus**) and again Hope licked and sniffed the bottle, gave the saucer several good sniffs, licking her lips to process the sensation of the Seaweed oil before she cleaned the plate once more.

C***** offered Hope the Nettle (**Urtica dioica**) straight from the saucer and she twitched her nose several times over the saucer and then proceeded to lick the plate clean.

Linseed (**Linium usitatissimum**) was offered next by C***** and she offered the bottle to Hope which she sniffed at but didn't lick.

C***** then tried offering Hope a little of the oil from her finger which Hope seemed to like as she cleaned every last drop of oil from her finger and when C***** offered it to Hope on the saucer she immediately licked it all from the plate.

The last oil to be offered was Mint (**Mentha piperita**) and C***** hardly got the chance to take the lid off the bottle before Hope started to sniff eagerly at it. She then offered this on

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a saucer to Hope who gobbled it up and wanted more so C***** gave her a second helping.

Hope then wanted out to the garden to go to the toilet and I asked C***** to offer her a drink of water while she was in the kitchen with her, which Hope accepted after she had toileted.

I then told C***** I was going to do a healing with Hope and also with her if she so wished and she was only too happy to participate, saying that she needed something to sort her out, but didn't elaborate at this time as to why this might be the case.

I told her all I needed her to do was to sit in a chair quietly, close her eyes and relax and explained I would only place my hands on her shoulders at the beginning of the session and my hands on the tops of her feet at the end, but other than this there would be no hands on healing, although she would hear me moving around her while I worked.

I then opened the session and completed my attunement.

I put on a reiki cd and with my hands on her shoulders requested that she envisage herself in a special place where she had felt safe and been happy and where she could see a clear blue sky overhead.

I then asked her to imagine a cloud floating towards her out of the otherwise cloudless sky and it coming to a halt directly in front of her. I then asked her to put all her worries, fears and anxieties and any people or problems she might have onto the cloud and when she had put them all onto it, to watch the cloud drift away towards the horizon, taking all her problems and the associated stress with it, until it disappeared from view.

I then conducted the healing session with C*****, following steps 1 – 27 as detailed in The Diploma In Animal Healing Module One Notes, pages 14 – 16, supplied by Elizabeth Whiter 2005 – 2013.

As I worked with C***** I felt an area of intense heat around her throat chakra and experienced a choking sensation and immediately became aware that whatever thoughts C***** was unwilling or unable to voice had literally become stuck in her throat.

As I worked over the heart chakra I had the sensation that her heart was full of unshed tears, which she desperately needed to release to help her heal. As I had never met C***** before this I have no knowledge of her past or current circumstances other than the little she had told me when we were completing the consultation form so had no way of knowing what had caused these reactions.

I discovered areas of heat in her right arm and shoulder and also to a much lesser degree in her left shoulder and again got a sense that C***** was finding it difficult to shoulder her all her responsibilities and was not getting the support she needed.

There was an obvious connection to these problem areas as C***** is a full-time hair stylist so constantly works with her hands arms and shoulders and so could well be experiencing physical discomfort here because of her job.

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Her right knee, ankle and foot were also areas of heat indicating a further energy blockage.

I treated C*****'s body in its entirety before returning to the areas which had presented as hot spots to ensure the temperature had been reduced and was now equal on both sides of her body and had to spend a little longer in the shoulder region and on the throat chakra before balance of the energies was fully restored.

As C***** was by this time fast asleep I covered her with a blanket turning my attention to Hope and asked her permission to commence a healing with her which was given readily.

Hope had sat upright at the side of the sofa throughout C*****'s healing, keeping watch

over her guardian but as I began to work with her, her head started to nod and her eyes became partially closed.

I continued to work with her and she leant into the sofa and rested her chin on the seat exposing her back and right side for me to work with.

I found areas of heat in the throat chakra and sensed the colour blue surrounding Hope and this made me think that there may well be a problem with her thyroid as this chakra corresponds with this gland and this may be the cause of Hope's constant shedding.

As I worked over Hope's brow or third eye chakra I again got the sensation of heat indicating an energy blockage.

As the third eye chakra corresponds with the pituitary gland which controls the body's endocrine system, which ultimately governs the effectiveness of its immune defences this master gland is having to do additional work to help the other endocrine glands establish balance within the body whilst fighting Hope's cancer cells.

I also felt heat in the area around the heart chakra and as the thymus gland is located here and has a vital role to play in developing immunity, this will also be involved in helping Hope battle the cancer cells in her body. ([Elizabeth Whiter; 2005 updated 2013; Diploma in Animal Healing; Module One notes; Page 23](#)).

I also experienced a feeling of overwhelming love when I worked over Hope's heart chakra and the this love is first and foremost for C*****.

Hope had by this time fallen asleep with her head still on the sofa and was gently snoring and C***** had continued to sleep during Hopes healing.

I gently grounded C***** by placing my hands on the tops of her feet and exerting gentle pressure until she opened her eyes. I maintained this pressure for a little longer as I sensed she was not fully back in the moment and only released this when she yawned and stretched and actually used the words "I am back".

At the sound of her voice Hope opened her eyes and climbed up onto the sofa and curled up with her head on the arm of the sofa. I ensured she was fully grounded by applying gentle pressure to all four of her paws in much the same way I had done with C*****'s feet.

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Hope gave a giant yawn and licked my face as if she was thanking me.

I then closed the session and detached in my normal way. (**see closing the session and detachment process**).

I went to get C***** a glass of water and when I came back into the room Hope was gently snoring once more.

I told C***** what I had discovered during her healing and suggested that whatever it was that was sticking in her throat needed to come out as did the unshed tears and gently suggested that it might be time for her to ask for help with shouldering her responsibilities as I could the sense that they were wearing her down.

She just looked at me in astonishment and asked how did I know things like that but again

didn't elaborate at that time, so this confirmed what I had been feeling was accurate to some extent.

I explained about the love I had felt from Hope for her at which point she became quite emotional and said she felt so awful that Hope was sick and that she couldn't give her the love and attention she deserved and that she used to get when it was only the two of them, before either G**** or P***** came along.

At this moment Hope woke up and came over to C***** and put her paw on her leg she said "its okay – I know you still love me best and I am fine", which I told C***** which made her cry again and almost strangle Hope because she hugged her so tightly.

I then told her that it might be an idea to have Hope's thyroid checked out the next time she had her at the vets, as this could be what was causing the constant shedding if it wasn't functioning properly.

C***** then told me that she felt as if a weight had been lifted from her shoulders and she wished G**** wasn't coming home for his tea and that she didn't have to go and collect P***** from her sister's as she just wanted to curl up on the sofa with Hope and cuddle her and watch silly movies and eat custard creams like they used to do when it was just the pair of them together.

I left her with enough oils for the week and an Animal Carer's Record of Oils Chosen form to complete and arranged to come back the following Monday.

She warned me P***** would then be in residence so she said things mightn't go just as smoothly and she definitely wouldn't be able to relax to have a healing when he was running around the place.

I told her not to worry as we would work around P***** as I could concentrate on giving Hope another healing but C***** and P***** would also receive healing even if I didn't have the opportunity to do a one to one healing with either of them.

I also told her we would then be able to decide which oils to order for Hope, depending on her self-selection choices over the course of the intervening week.

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Follow Up Consultation

I returned to C*****'s the following Monday to be greeted at the door, this time by Hope, who was her usual excitable and bouncy self as she immediately jumped up and put her paws on my chest and licked my face.

C***** called out to me to come through to the living room and meet Presley who was sitting quietly in his high-chair.

Hope sniffed round my feet and then sat down with her back to the sofa between C***** and I while P***** watched us from his chair.

C*****brought out the carer's record of oils chosen form and we went through it together.

Hope had expressed a sustained preference for Rosehip, Mint, Marigold Seaweed and Chickweed oils and Claire indicated that Rosehip and Mint were her definite favourites, followed closely by Marigold then Seaweed and finally Chickweed, while Hope had shown

little or no interest in the Linseed, Nettle or Catnip.

C*****'s first question was how many oils did we need to give her and I told her a maximum of four oils.

She then asked if she could give her less than this as she was conscious of trying to establish the process as part of Hope's daily routine for as long as was necessary and knew she would be restricted by time, especially in the mornings when she was trying to get Presley ready to drop off at day care and get herself to work.

After much discussion we agreed on Rosehip and Mint for Hope, although C***** wavered between the Mint and Seaweed as a second choice, particularly as I had explained that if there were a thyroid deficiency the Seaweed would prove particularly beneficial.

I also explained that each oil had different healing properties and that Hope inherently knew which oils to select to allow her body to heal itself.

Hope had a preference for Rosehip because it is as an extraordinary source of Vitamin C, which alongside the Vitamin A contained in the rosehip is beneficial to the immune system, preventing infections from bacteria and viruses and fighting off infections when they do occur so would strengthen her immune system to help her fight the cancer.

As rosehips are one of the best sources of natural iron and Vitamin C combined they provide essential nutrition for optimal skin and coat health which would work wonders in improving Hope's coat condition.

They are also anti-oxidant which means they possess anti-tumour properties and prevent cell damage so would therefore be vital in destroying Hope's existing cancer cells and preventing further mutations to halt tumour growth. (www.globalherbalsupplies.com).

I explained to C***** that Mint would benefit Hope as it also has numerous healing properties.

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These include **analgesic** (pain killer) **anaesthetic** (lessens sensation), **antiseptic** (prevents infection), **antiphlogistic** (anti-inflammatory), **astringent** (shrinks/constricts body tissue), **cholagogue** (promotes blood flow), **nervine** (soothing to nervous system), **stimulant** (improves mental/physical function) and **stomachic** (increases appetite/aids digestion). (www.en.wikipedia.org).

Mint would therefore act as a mental stimulant for Hope when she was left at home when C***** was at work as it relieves boredom whilst refreshing the spirit. (www.essentialoils.com).

By this time P***** was demanding to be released from the confines of his high chair so C***** lifted him out and immediately he and Hope started to play together. He was quite rough with her for such a small child and while she nudged him and stood on him with one paw whilst they rolled around the floor together she seemed to instinctively know to be much gentler with him than she would an adult.

C***** then kept Presley amused while I opened the healing session (**see opening the session and attunement process**).

Hope had made herself comfortable on her end of the sofa with her head once more resting on the arm.

As I started to work with her I was immediately aware of the all encompassing love she felt for C***** and the strength of the bond between them and sensed the colours of the heart chakra, pink and green swirling around C*****, Hope and P*****.

I again experienced an area of heat in the throat chakra corresponding with the thyroid gland which if it is performing below par could be responsible for Hope's constant shedding.

As I worked over Hope's brow or third eye chakra I again got the sensation of heat and as this chakra centre corresponds with the pituitary gland governing the immune defences this would have a direct correlation to the master gland having to work over-time to fight Hope's cancer cells.

The heart chakra corresponds with the thymus gland which has a vital role to play in immunity so his will also be involved in helping Hope battle the cancer cells in her body and while there was intense heat in this area, I strongly felt the heat was generated more by the outpouring of unconditional love from Hope to C***** than by any physical anomaly.

Hope dozed throughout this session and then stretched and yawned and got up from the sofa, nudged C*****'s knee with her nose, licked P*****'s face on the way past and went to her water bowl for a drink.

I closed the healing session at this point remembering to ask that the healing continue for as long as was necessary for all those involved. **(see closing the session and the detachment process).**

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C***** thanked me for coming and said that she felt more relaxed, Hope was completely chilled and even P***** was calmer usual as he hadn't been running around like a whirling dervish demolishing everything in his path as he normally did, especially when he had a new audience to perform for.

C***** was happy to leave it that she would keep giving Hope her oils and would contact me if there was any change for better or worse with Hope's condition.

C***** since come to me for a reflexology treatment to help her manage her stress levels and she shared her personal circumstances with me during this treatment.

She will keep coming for regular reflexology sessions and if she feels either she or Hope are in need of another one to one healing she will also get in touch.

C***** and G***** have just returned from a holiday in Mexico and this seems to have worked wonders both in reducing her stress levels and improving their relationship.

Hope and P***** both stayed with G*****'s parent while he C***** were away and C***** says Hope was particularly glad to see her back although she didn't think P***** was overly bothered as he would have been spoilt rotten by his grandparents and allowed to

run riot for a fortnight so wouldn't have been in any rush to return home.

C**** says there has been a slight improvement in Hope's coat condition but she didn't get any oils while they were away so this will have slowed progress temporarily. More importantly there has been no increase in size of any of the tumours and no evidence of any new tumours.

Learning Outcomes

1. Identify and harvest local culinary herbs specific to this course.
 2. How to use fresh and dry herbs for simple remedies
 3. Equipment needed, drying and storage of herbs.
 4. How to create a herb garden.
 5. **How to use specific culinary Macerated Oils; Nettle, Marigold, Rose-hip, Mint, Catnip, Chickweed, and Seaweed infused oils and cold pressed Linseed Oil.**
 6. Create delicious, culinary, herbal pet treats specific to this course.
 7. Make simple animal topical preparations such as insect repellent and cooling gel using plants, herbs, clays and honey.
 8. **Have a clear understanding of what animal self-selection is and how animals can benefit from an enhanced, nutritional, healthy, balanced diet, containing plant material.**
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9. **Able to work and communicate with pet owners vets and other healthcare professionals.**
 10. **How to keep professional standard records of all animal self-selection sessions undertaken.**
 11. **Be aware of the importance of personal and animal safety as well as the relevant insurance, the law and vet liaison.**
 12. **Be able to observe and understand why animals self-select culinary macerated oils/herbs/clays/honey specific to this course at animal rescue centres and with private clients.**
 13. Be aware of when not to conduct an animal self-selection session.
 14. **Be more aware of yourself as an animal healer and consider how and when you will use your training and experience from this course.**

Bibliography

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